

Abstract

A firefighter's helmet comprising an inner protective shell configured to be worn on its own as a helmet and an outer protective shell configured to be fitted over the inner shell and realizably retained thereon, a retaining mechanism for retaining the inner shell in the outer shell, wherein the retaining mechanism is moveable by a user whilst wearing the inner shell between a first position in which the retaining mechanism engages a said shell substantially to prevent relative movement between the two shells, and a second position in which the retaining mechanism permits relative movement of the shells whereby allowing the donning or doffing of the outer shell by the user.